

# ELASTIC HOOK & LOOP CUMMERBUND - SPIRITUS SYSTEMS

## ELASTIC HOOK & LOOP CUMMERBUND (SIZE 1), COYOTE BROWN

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Assault Panel Core The Assault Panel Core was designed to be a multi-mission back panel attachment to your LV-119 OVERT Rear Plate Bag. We designed the Panel to fill a spectrum of needs ranging from a light weight Assault Panel, to a more robust Pack Panel. The panel is both expandable and modular and can accommodate a plethora of equipment to meet almost any operational need. The Assault Panel Core attaches to your LV-119 Rear Plate Bag using a combination of 6 directional snaps, and 2 full length zippers. It also utilizes two stabilizers that route inside of the Rear Plate Bag if the Panel is used in "Configuration 2 or 3" listed below. The Panel has a removable flap system that allows the user to configure the upper half of the Panel to meet their mission needs. (Flaps are sold separately, the Assault Panel Core does NOT come with a flap.) This eliminates the need to have multiple panels and allows for quicker donning and doffing of mission essential equipment. NOTE: This LV/119 Cummerbund is designed for use with a front and rear LV/119 plate bag. The 5-Inch Elastic Cummerbund is a simple and effective solution for professionals who need to carry and have rapid access to additional ammunition and equipment on their sides while still maintaining a low profile. Side loading is great for ground vehicle and low visibility operations. Elastic cells are 3 inches wide and are built around standard 5.56 Magazines, such as the PMAG. Elastic cummerbunds prevent user fatigue while worn for long durations, as they stretch with the body during active maneuvers. By using 5-Inch Elastic, we allow for the stable carriage of taller items as they are held more securely. The sewn-on pull tabs allow for the use of the Bungee Retention Kit to securely hold items for HALO, OTB, or other kinetic operations. The tabs also allow users to pull on the cell and make it easier to load and extract equipment. The Elastic Hook & Loop Cummerbund features premium, Berry Amendment Compliant materials sourced from industry leaders in textiles manufacturing. It offers superior construction processes, including triple stitching on the elastic cells to prolong life and prevent cell failure when stuffed with non standard or oddly shaped items. Cummerbund Attachment The cummerbund attachment is a proprietary system that allows for the use of all of Spiritus Systems cummerbunds, as well as allowing for a wide range of adjustment. The cummerbund attaches inside the plate bag, which is advantageous for a few reasons. There is no external mounting that can get snagged or rip off when exiting vehicles in haste. The design creates a smooth profile when worn underneath clothing. Hook & Loop is not utilized as an attachment method on the rear plate bag. Hook & Loop wears out over time and is a generally less-than-optimal attachment method when not supported in other ways. Hook & Loop doesn't handle weight well and it sticks to everything, especially cloth seats. SIZING The cummerbund comes in two sizes: Size 1 and Size 2, each offering up to 14 inches of total adjustment. This allows for a proper fitment for all body types. To figure our appropriate sizing, take measurement of the waist at the belly button. When measuring, users should dress as they would while actually wearing the carrier. For example, if the user is operating in arctic environments, they should be wearing cold weather equipment when measuring. Size 1: 28" to 42" Size 2: 40" to 54" SOLD AS A SET. If your waist measurement is 42", we suggest going up to the Size 2 cummerbund. NOTE: The LV119 Cummerbund is part of the LV119 Plate Carrier System. This item does not include a Front Plate Bag, Rear Plate Bag,



Shoulder Covers, Placards, or any other accessories. Additional components are required for proper use. Some images shown with optional accessories, sold separately.

## Attributes

- Name: [SPIRITUS SYSTEMS ELASTIC HOOK & LOOP CUMMERBUND \(SIZE 1\), COYOTE BROWN](#)
- Manufacturer: [SPIRITUS SYSTEMS](#)
- Product no.: 430100555
- Mfr. No.: PC-EV-CB-S1
- Colour: Coyote Brown
- Delivery weight: 0.272kg
- Shipping height: 381mm
- Shipping width: 159mm
- Shipping length: 210mm

## Item details

Made in USA

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# Safety Instruction Guide for the ELASTIC HOOK & LOOP CUMMERBUND

## Introduction

Thank you for choosing the ELASTIC HOOK & LOOP CUMMERBUND from Spiritus Systems. This guide provides essential safety instructions to ensure the safe and effective use of your cummerbund. Please read this document carefully to understand how to use, install, and dispose of the product safely.

## General Safety Guidelines

- Ensure that the cummerbund is compatible with your LV119 Plate Carrier System before use.
- Always inspect the cummerbund for any signs of wear or damage before each use. Do not use if damaged.
- Follow all sizing recommendations to ensure a proper fit and prevent accidents during use.
- Keep the cummerbund away from sharp objects and extreme heat to avoid damage.
- Store the cummerbund in a cool, dry place when not in use.
- Avoid using the cummerbund in environments that may expose it to hazardous materials or chemicals.
- Be mindful of the cummerbund's elastic properties; it is designed to stretch but can wear out over time.
- If using the cummerbund in arctic or cold weather conditions, ensure to wear appropriate clothing during measurement for proper sizing.

## Specific Safety Precautions for Use

- **Weight Capacity:** The cummerbund is designed to carry standard 5.56 magazines and similar equipment. Exceeding the recommended weight may compromise safety.
- **Adjustment:** Make sure to adjust the cummerbund to fit snugly but comfortably around your waist. An improper fit may lead to discomfort or injury.
- **Installation:** Always follow the installation instructions to ensure that the cummerbund is securely attached to the plate bag. Insecure attachment may result in loss of equipment or injury.
- **Use with Caution:** When performing maneuvers, be aware of the cummerbund's elastic properties and how they may affect your movement.
- **Children and Vulnerable Users:** This product is not intended for use by children. Ensure that all users are trained in the proper use of tactical gear.

## Instructions for Installation and Usage

### 1. Measuring for Size:

- Measure your waist at the belly button while wearing typical clothing you would use with the carrier.
- Size 1 fits waists from 28" to 42".
- Size 2 fits waists from 40" to 54".
- If your waist measurement is at the upper limit of Size 1 (42"), consider opting for Size 2 for better comfort.

### 2. Attaching the Cummerbund:

- Open the rear plate bag and locate the attachment points inside.
- Insert the cummerbund into the designated attachment points.
- Ensure that the cummerbund is secured by the internal mounting system.
- Adjust the cummerbund for a snug fit without restricting movement.

### **3. Using the Cummerbund:**

- Load the elastic cells with standard 5.56 magazines or compatible equipment.
- Use the sewnon pull tabs for easier loading and extraction of items.
- If using in a tactical environment, ensure that all equipment is secured and does not interfere with movement.

### **4. Removing the Cummerbund:**

- When finished, carefully remove the cummerbund by detaching it from the internal mounting points.
- Store the cummerbund properly to maintain its shape and elasticity.

## **Disposal Instructions**

- Dispose of the cummerbund in accordance with local regulations regarding textile waste.
- If the cummerbund is damaged beyond repair, consider recycling the materials where possible.
- Do not incinerate the cummerbund as it may release harmful substances.

## **Contact Information for Further Support**

For any safety inquiries or concerns regarding the ELASTIC HOOK & LOOP CUMMERBUND, please refer to the manufacturer's contact information provided with the product packaging or visit the manufacturer's website.

By following these guidelines, you can ensure that your ELASTIC HOOK & LOOP CUMMERBUND is used safely and effectively. Always prioritize safety and proper usage to maximize the benefits of your tactical gear.

# About Us

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